



## *American Legion Auxiliary*

Department of Minnesota  
State Veterans Service Building  
20 W 12<sup>th</sup> St. #314 St Paul MN 55155  
Telephone 651-224-7634 Fax 651-224-5243  
Toll Free 1-888-217-9598  
Email – [deptoffice@mnala.org](mailto:deptoffice@mnala.org)  
Website - [www.mnala.org](http://www.mnala.org)

### **SERVICE TO VETERANS**

Jan/Feb 2019

Here I am again to offer help to Serve the Veterans in your Community, Town, City, or Deployed Service Personal. Sometimes it is just a brief word or a smile that goes a long, long way.

When a Veteran has some challenges, it is nice when someone comes alongside with emotional and practical support. And then you ask, what kind of practical support. Well, a car ride, an invitation to a school program or Christmas Party, or pick up some extra groceries and take them over to them. Even stay to cook up some soup or take them out for a quick lunch. Send a Christmas card to all the Veterans on the local American Legion list of membership. Call up a Legionnaire and invite him or her to BINGO. Pay for their packet, and have a good time.

Sometimes doing something for others is also doing something good for you. I know we are supposed to Service the Veterans, but sometimes we need a little pick me up too. By doing for others also gives you a wonderful feeling of joy, when you know you have helped those who need some moral support.

If you are sending packages out, invite Veterans to help with this. Find out what they got when they were away from home, and what was their best gift box to receive. Just the conversation is a wonderful thing.

I hope you all have a really GREAT CHRISTMAS AND NEW YEAR. Stand tall for the Veterans.

Jean Pederson  
Service to Veterans Chairman