



**U.S. Department of Veterans Affairs**  
Veterans Health Administration  
Minneapolis VA Health Care System

One Veterans Drive  
Minneapolis, MN 55417  
[www.minneapolis.va.gov](http://www.minneapolis.va.gov)

April 7, 2020

Thank you supporting the Veterans served through the Minneapolis VA Health Care System (MVAHCS). The following is information on currently accepted donations to help our medical staff to continue delivering safe and effective care to our Veteran patients.

- Face Shields: Donations of face shields (clear) are accepted as donations.
- Face Masks: Donations of surgical and unexpired N95 masks. Homemade masks are also accepted.
- Hand sanitizer: Donations of hand sanitizer (Purell or other brands of alcohol-based gel sanitizer) are accepted as donations.
- Bleach wipes: Donations of cleaning wipes containing bleach are accepted as donations.
- Liquid Bleach: Gallon jugs of liquid bleach are accepted as donations.

For Making Face Shields:

- Flexible Foam: Flexible Foam for Face Shields (1 or 2 inches thick – non-latex) is accepted as a donation.
- Flexible Acrylic Sheeting: Acrylic Sheeting (roll) (0.007" or 0.005" PET) is accepted as a donation.
- Thick Foam Weather Stripping: Thick Foam Weather Stripping 1X1 in. with adhesive tape is accepted as donations.

To schedule a delivery of these items please contact us at [vhaminvol@va.gov](mailto:vhaminvol@va.gov) or 612-725-2050. Voluntary Service staff will meet delivery appointments curbside at the Outpatient Entrance of the Minneapolis VA Medical Center to receive the donations.

Grocery store gift cards and gas/fuel gift cards are needed to assist Veterans who are struggling financially. These are used by Social Workers and Patient Advocates to fill a gap when other funds or services are not available. This need will grow in the coming weeks. Gift cards in \$20 to \$50 value are helpful from any major grocery or gas retailer. Metro Transit cards are also appreciated.

Monetary donations are accepted to the following funds: GPF 8003 General Patient Fund, and GPF 8148 Patient Recreation, GPF 8221 Mental Health Rehabilitation, and 8209 Fisher House. Mail checks to: MVAHCS, Voluntary Service (135), 1 Veterans Drive, Minneapolis, MN 55417.

All donations to MVAHCS are coordinated through Voluntary/Community Resource Service. Please contact [vhaminvol@va.gov](mailto:vhaminvol@va.gov) or 612-725-2050 with any questions.

Thank you,  
Voluntary/Community Resource Service  
Minneapolis VA Health Care System

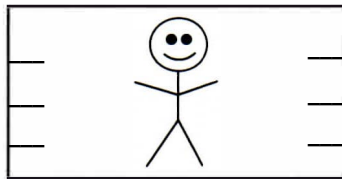
Mailing address:  
MVAHCS  
Voluntary Service (135)  
1 Veterans Drive  
Minneapolis, MN 55417

# How to make a *Face Mask*

You will need a cotton fabric, any print for adult: 100% cotton, tightly woven fabric is preferred. Cotton flannel for the backing is preferred, though a different print of standard cotton is accepted.  
1/8" flat braided elastic  
Cut the elastic 7" long

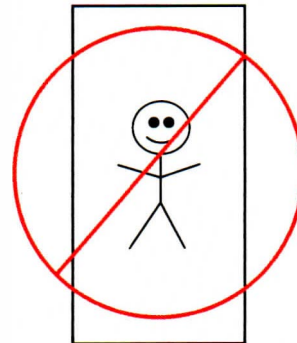
## Adult face mask (9"x6")

1. Put right sides of cotton and flannel fabric together.
2. Starting at the center of bottom edge sew to the first corner, stop. Sew end of elastic to corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of that same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. And repeat #2 to the corner.
5. Sew to next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask to create pleats. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.



**RIGHT**

**WRONG**



adapted from pattern by

*The*  
**TURBAN PROJECT** 501 c3



Full Tutorial on their Facebook and Website